

Absence Request Form

Surname: _____ Given Name: _____
Team: _____ Gym: _____ Date: __/__/__

Details of Planned Absence

Date(s) of Absence: _____

Reason for Absence: _____

Please keep in mind the following attendance policy when planning any absence

1. Attendance at all trainings, extra-trainings, competitions and performances is mandatory for Elite team members.
2. Missing any team event for the following reasons is not acceptable for Elite team members: Social Events, Other sports or co-curriculars, school work (athletes must learn to manage their time effectively), Injury, Mild/Non-contagious sickness, overtired etc.
3. If an athlete is sick or injured they will be allowed to sit out of training and watch for routine changes
4. Missing team events for major illness or bereavement is acceptable. Please notify your coach should this occur.
5. In the event that an athlete does miss a team event or training they will be re-positioned in the routine in order to avoid further disruption to the progress of other team members.
6. Should an athlete need to miss a training for one of the reasons above, please fill out the absence request form and return it to your head coach or gym manager for approval. ***Note: No absence requests will be approved in the 2 weeks leading up to any competition or the 4 weeks leading up to any international tour.***
7. Our attendance policy is in place to ensure the safety and progress of all team members. We understand that family time is important and we encourage cheerleaders to have interests outside of cheerleading. We also hope to use this policy to teach our cheerleaders the importance of commitment and time management. We thank you in advance for your support in this endeavor.

<i>Office Use only</i>
Coach Name: _____ Team Name: _____
Approved: Yes or No: (reason given) _____